

**VOLUNTEER OPPORTUNITIES**  
**3030 GORDON AVE. SHELTER & TRANSITIONAL HOUSING FACILITY**

3030 Gordon Avenue is an emergency shelter & transitional housing facility in Coquitlam operated by RainCity Housing. RainCity welcomes a community presence in the facility to reduce the social isolation of its residents. The facility provides opportunities for community members, businesses and organizations to provide services which assist in the operation of the facility and to organize social activities which will help connect shelter and transitional housing residents to the wider community.

The following volunteer opportunities are available:

**1. Facility operation:**

Service	Duties	Time Commitment	Contact to Volunteer
Food Service	1-2 persons required per meal: <ul style="list-style-type: none"> <li>◆ Dishwasher</li> <li>◆ Food Service Assistant</li> </ul>	Breakfast: 8:30 – 9:45 Lunch: 11:45 – 12:45 Dinner: 4:45 – 5:45	Shawn Stuart Hope For Freedom Society 778-988-9691 <a href="mailto:shawn.volunteer.hffs@gmail.com">shawn.volunteer.hffs@gmail.com</a>
Laundry	1 or 2 persons required per shift: <ul style="list-style-type: none"> <li>◆ Load and run washing machines</li> <li>◆ Load and run dryers</li> <li>◆ Fold laundry <ul style="list-style-type: none"> <li>– Place bedding on laundry shelves</li> <li>– Bag personal items</li> </ul> </li> </ul>	Tuesday and/or Thursday: 10 AM – 2 PM	Shift schedules are finalized Friday mornings for the following Monday – Sunday period. Continuing bookings available.
Gardening	Opportunities include: <ul style="list-style-type: none"> <li>◆ Planter boxes</li> <li>◆ Flower beds</li> <li>◆ Your ideas</li> </ul>		Maureen Jamieson <a href="mailto:micats@telus.net">micats@telus.net</a> 604-939-3010
Community Clean-Up	Volunteer while enjoying the outdoors: 1. Sweep for discarded syringes & paraphernalia. <ul style="list-style-type: none"> <li>◆ Training provided</li> <li>◆ Work in teams of 2 or more</li> </ul> 2. Adopt-A-Street <ul style="list-style-type: none"> <li>◆ Gordon Ave, Christmas Way</li> </ul>	Saturdays 10 AM <ul style="list-style-type: none"> <li>◆ 2 or 4 hour shifts</li> </ul> Every 2 <sup>nd</sup> Monday 1 PM <ul style="list-style-type: none"> <li>◆ 2 hour shifts</li> </ul>	Adam Prytuluk Assistant Shelter Manager <a href="mailto:aprytuluk@raincityhousing.org">aprytuluk@raincityhousing.org</a> , 604-657-0970

**3. Community Building**

Community building activities can be one-time or continuing on a regular basis, and could be organized by individuals, businesses or community organizations. These activities would typically be held in the common areas of the facility. Opportunities include:

- ◆ BBQ's (the facility is equipped with 2 industrial barbecues in the courtyard)
- ◆ Evening events – arts & crafts, music, karaoke, bingo etc.
- ◆ Book club
- ◆ Anything else that would be a source of recreation for residents. What ideas do you have?

To schedule an event or activity or discuss the possibility, contact Adam Prytuluk, Assistant Shelter Manager, [aprytuluk@raincityhousing.org](mailto:aprytuluk@raincityhousing.org), 604-657-0970